



YACHT SAILING

Become a Day Skipper

Save £280

Learn to yacht sail to Day Skipper level by combining all the essential RYA courses with our Learn to Yacht Sail Package. See page 10, call 01273 42 48 42 or visit www.lagoonwatersports.co.uk

Yacht sailing is extremely diverse and there are opportunities for everyone to participate. Take the family cruising in warm climates, explore far-flung remote places with friends or try your hand at racing. There is no sport that offers a greater variety of experiences, destinations and opportunity. Lagoon Watersports offers courses from those who want a weekend of sailing to those who want professional skippering qualifications.

RYA practical sailing courses are run throughout the year on our Beneteau First 36.7 yachts. The practical courses are either run over two weekends with a ratio of 5:1 or Monday to Friday with a ratio of 4:1. Exciting destinations include The Solent and France. Theory courses are run mostly on weekends throughout the winter from our classroom at Brighton Marina. With our high performance yachts and experienced instructors we can offer quality RYA training to take you to your desired level.

RYA Start Yachting (2 Days) £219 / £249

Prerequisite: None

This is a great introduction to sailing for complete beginners, it can also count towards your Competent Crew, which will entail a further 3 days sailing. Participants will cover :

- The Yacht
- Ropework
- Rules Of The Road
- Meteorology
- Man Overboard Recovery
- Emergency Equipment & Precautions
- Clothing & Equipment

Course Objective: You will obtain a basic knowledge of the yacht and how to sail.

RYA Competent Crew (5 Days) £460 / £535

Prerequisite: None

This is a 'hands on' practical course that teaches you the basic principles of sailing, as well as personal safety. You will learn basic:

- Helmsmanship
- Sail handling
- Ropework
- Essential safety procedures
- Rules of the road
- Meteorology
- Man overboard
- Manners & customs

Course Objective: These skills will enable you to become a valuable crew member. You will be able to steer, handle sails, keep a lookout and be able to assist in all the daily routines.

RYA Day Skipper (5 Days) £460 / £535

Prerequisite: Some theoretical knowledge is an advantage

On this practical course you will gain further experience through planning and completing passages, including a night sail. You will also gain your ICC (International Certificate of Competence). The Day Skipper syllabus will cover:

- Preparation For Sea
- Deck Work
- Navigation
- Rules Of The Road
- Maintenance & Repair Work
- Emergency Situations
- Engines
- Yacht Handling Under Power & Sail
- Passage Making
- Night Cruising
- Pilotage
- Meteorology

Course Objective: You will be licensed to skipper your own boat and charter a boat both in the UK or abroad.

RYA Coastal Skipper (5 Days) £460 / £535

Prerequisite: 15 days at sea, including 2 as skipper, 800 logged miles that include at least 8 night hours

We aim to put some miles on the clock with longer passages, planning and executing coastal and offshore passages both by day and night. Weather permitting we include an offshore passage to France or along the coast to the Solent. The course content includes:

- Passage Planning
- Preparation For Sea
- Passage Making
- Pilotage
- Emergency Situations
- Yacht Handling Under Power & Sail
- Adverse Weather

Course Objective: You will be able to skipper a yacht on coastal passages by day and night.

Own Boat Tuition Please call

Prerequisite – Beginners to Advanced

Lagoon Watersports' expertise can also come to you! An instructor can teach aboard your own yacht in any location along the south coast. At your convenience you will be able to brush up your skills or complete an RYA practical course quicker on your own boat, to whatever level you choose.

THEORY COURSES

SAIL / POWER



RYA Basic Navigation (2 Days)

Prerequisite: None

An ideal introduction into the basic skills required to take a small craft to sea and to give you some background knowledge. Topics and exercises include:

- Charts & Publications
- Tidal Awareness
- Rules Of The Road
- Buoyage
- Safety
- Visual & Electronic Navigation
- Weather Forecasts
- Anchoring
- Engine Checks
- Pilotage
- Passage Planning

Course Objective: You will have a basic theoretical knowledge of how to navigate.

£145

RYA VHF GMDSS Course (1 Day)

Prerequisite: Knowledge of Phonetic Alphabet

This course teaches basic radio operation and what to do in situations of distress and emergencies. It is a legal requirement that someone onboard has a VHF license. Course topics include:

- The Basics Of Radio Operation
- Distress, Emergency & Medical Assistant Procedures
- Global Maritime Distress & Safety System
- The Correct Frequencies to Use
- Emergency Position
- Ship To Shore Calls
- Search & Rescue
- Digital Selective Calling

Course Assessment: A short written exam. Course Objective: You will understand the procedure and how to operate a VHF Radio.

£115

RYA Day Skipper (5 Days)

Prerequisite: Competent Crew Practical or Equivalent Experience

This course is a comprehensive introduction to cruising for inexperienced skippers and is an essential preparation for our RYA Day Skipper Practical course. You will cover the essentials of:

- Basic Seamanship
- Position Fixing
- Tides
- Navigation & Pilotage
- Plotting A Course To Steer
- Weather Forecasting & Meteorology
- Chartwork/Electronic Charts
- Collision Regulations
- Emergency & Safety Procedures

Course Assessment: Two exam papers. Course Objective: You will be able to navigate around familiar waters by day.

£365

RYA Diesel Engine Maintenance (1 Day)

Prerequisite: None

Mechanical failure is the main cause of lifeboat callouts, however this can be prevented if you learn basic maintenance and engine care. The course topics include:

- The Principles Of Diesel Engine Operation
- Fault Finding
- Bleeding The Fuel System
- Routine Maintenance
- The Systems & Parts Of The Engine
- Rectification Of Common Problems
- Changing The Impeller
- Winter Lay Up

Course Objective: You will know how your engine works and how to check and carry out maintenance procedures and how to get it started again in the event of a breakdown.

£115

RYA Coastal Skipper /Yachtmaster Theory (6 Days)

Prerequisite: Day Skipper Theory

This course is essential for those wanting to venture further into new cruising areas, with longer passages and channel crossings. This course teaches:

- Use Of Almanacs & Admiralty Publications
- Taking & Interpreting Forecasts
- Electronic Position Finding Equipment
- Plotting Weather Systems
- Tidal Knowledge
- Weather Predictions
- Course Shaping & Plotting
- Customs & Excise Regulations For Cruising Abroad
- Position Fixing
- Collision Regulations

Course Assessment: Three exam papers. Course Objective: You will be able to navigate safely on coastal and offshore passages.

£395

RYA First Aid (1 Day)

Prerequisite: None

In a medical emergency a little first aid knowledge and immediate action can save lives, especially in remote locations. Subjects specific to boating that will be covered are:

- Recovery Position
- Seasickness & Dehydration
- Helicopter Rescue
- Cold Shock & Hypothermia From Immersion Or Exposure
- Medical Assistance /Advice By VHF
- CPR

Course Objective: You will have a working knowledge of first aid for people using small craft.

£115

LEARN TO YACHT SAIL PACKAGE



Are you ready for Day Skipper?

You will need sailing experience equivalent to the Competent Crew course (5 days yacht sailing) and either completed a Day Skipper Theory course or have equivalent knowledge.

**Save
£280**

FREE consultation

Why not book one of our skippers to run through your goals and previous sailing experience. We can then show you the training yachts, explain our RYA courses and the most effective way in terms of time and cost to reach your goals.

Lagoon Waterports provide Yacht Training Packages at excellent reduced rates, combining all the essential RYA courses for you to become a competent sailor. The theory training takes place over the winter months and practical training is all year round at our centre in Brighton Marina.

The yacht training package includes one practical course, a day skipper theory course and a one day shore based course. The basic sailing package ranges from £735 - £825, saving you £280. Additional courses can be added at a significant discount.

Once you have completed your set courses we will reward you with discounted extra courses so you can enjoy and build upon your sailing experience.

Here are three of our most popular packages:

1. Zero to Dayskipper:

- Competent Crew practical
- Day Skipper Theory
- Day Skipper practical
- VHF radio course.

2. Competent Crew to Day Skipper:

- Day Skipper Theory
- Day Skipper practical
- Diesel Engine Maintenance course or VHF radio course

3. Dayskipper to Coastal Skipper:

- Coastal Skipper Theory
- Coastal Skipper practical
- First Aid Training.

Lagoon Yacht Training Package	Package Includes	Price
£735	5 day RYA Practical course	£535
	5 Day RYA Theory course	£365
	1 Day RYA Theory course	£115
Price of courses if booked seperatly		£1015
Save £280 when you book Yacht Training Package ONLY £735		

Extras	Add
Peak season supplement for July and August	£75
Hire of waterproofs	£15
Extra practical course (eg Day Skipper) SAVE £160	£375 / £399
Extra one day shore based course SAVE £65	£85

"Best thing I have done in ages" Nick Cooper

"A fantastic experience, not to be missed" Jon Graham

"The course including the theory radio has moved me forward considerably in my ability to skipper a sail cruiser and it was money well worth spending." Ken Potter

Flexible

Practical courses are run both weekdays and weekends from Brighton Marina.

Shore based training can be spread over weekends or weekdays from October to May.

Course Dates

All course dates can be viewed at www.lagoonwatersports.co.uk or call 01273 42 48 42 for advice or to book.

